



# The Gift of Spirit

## Hands-On Healing Workshop with Dr. Chad Sato

The information to be shared in **The Gift of Spirit** Hands-On Healing Workshop was brought forth in order to offer a defined way in which you could use Dr. Chad's basic techniques to enhance your own healing experience as well as to help friends and loved ones with theirs.

**Message from Dr. Chad:** "We are moving into a time where more people are awakening to their true selves and finding a desire to be in an expanded arena of service to others and the greater community. There is a wake-up call stirring within many of us prompting us to move to new levels of empowerment. I have created this workshop in order to share with you my personal methods to help you to consciously traverse the tight rope of balance into Healing and Self-Renewal."

**WORKSHOP SUMMARY:** This half-day workshop is designed to give a basic foundation to individuals who are seeking to understand our innate healing energy. You will learn how to sense your energy and how you connect with another's energy. You will understand how to better define your own boundaries, which will expand your ability to help others connect with their own bodies. The day will be filled with talks by Dr. Chad, multiple healing/energy exercises and guided meditations with handouts on material covered.

### In this workshop, you will learn:

- **How to** feel your own energy and how it interacts with another's energy.
- **Body breathing exercises** to help develop your intuition and body's knowing.
- **You will learn** techniques to sense and create a balanced energy field around a person.
- **How to** use Ho'o'ponopono and intention to bring balance into your life.
- **New skills** on how to listen to others physically, emotionally and energetically.
- **How to** find true rapport and connect with another person in a space of love and respect.
- **A deeper** understanding of your true healing potential
- **Visualizations** for grounding and **guided meditations** for centering...**PLUS MORE!**

space is limited!

**DATE:** Feb 26th, Sun 10 a.m. – 3 p.m.

**LOCATION:** Bayer Estate

**Investment in Self:** \$145.00

**\*\$40 will be credited to re-eval or  
towards Initial Start Up**

**OPEN TO ALOHA  
CHIROPRACTIC  
PRACTICE MEMBERS  
& FRIENDS.**

**FEE FOR REFRESHER: \$75.00**

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Front Desk**